

**15 SEP.**

12:15-13:15  
CEST

# WATER IS LIFE! Help your Patients with Dysphagia stay safely hydrated

Nestlé Health Science Satellite Symposium  
12<sup>th</sup> ESSD Annual Congress  
Faculty of Medicine KU Leuven, Belgium

SAVE  
THE  
DATE

Registration link

## FACULTY



**Prof. Dr. Antonio Schindler**

Phoniatics Unit, Department of Biomedical and Clinical Sciences "L. Sacco", University of Milan, Italy

**CHAIR**



**Dr. Lee Hooper**

RD. Norwich Medical School University of Eas Anglia, Norwich, United Kingdom



**Prof. Dr. Sibel Eyigor**

Physical Medicine and Rehabilitation Department, Ege University, Medical Faculty, Izmir, Turkey



**Dr. Noemí Tomsen**

Gastrointestinal Physiology Laboratory, Consorci Sanitari del Maresme, Mataró, Spain

## AGENDA

### Introduction & Welcome

Prof. Dr. Antonio Schindler - **CHAIR**

### Assessing (de)hydration in dysphagic patients: Review of current guidelines

Dr. Lee Hooper

### Optimize (re)hydration while maintaining swallowing safety

Prof. Dr. Sibel Eyigor

### Effect of a novel liquid thickener on hydration status in patients with oropharyngeal dysphagia

Dr. Noemí Tomsen

### Discussion & Closing

FOR HEALTHCARE PROFESSIONALS ONLY