Creatine 5000

ACBS GMS PBS

Description

Food for special medical purposes.

A powdered creatine amino acid supplement on a carbohydrate base.

Indications

For the dietary management of inborn errors of amino acid metabolism from 3 years of age onwards.

Dosage and Administration

To be determined by the clinician or dietitian and is dependent on the age. body weight and medical condition of the patient.

Preparation Guidelines

To be determined by the clinician or dietitian

May be used in low protein diets in a variety of wavs:

- · Mixed in with protein substitute.
- · Added to modular feeds.
- Incorporated into other permitted food or drink

Creatine5000 (6g) = 5000mg of Creatine

IMPORTANT NOTICE

Must only be used under medical supervision.

Not for use as a sole source of nutrition.

Suitable from 3 years of age onwards.

Not for use as a sole source of nutrition.

Must only be given to patients with proven inborn errors of amino acid metabolism. For enteral use only.

Nutritional Information

		Per 100g	Per 6g sachet			Per 100g	Per 6g sachet
Energy	kJ	61	3.7	Protein Equivalent	g	0	0
	kcal	14	0.8	Creatine	mg	83333	5000
Fat	g	0	0	Salt	g	< 0.25	< 0.015
of which Saturates	g	0	0	Protein Equivalent	g	0	0
Carbohydrate	g	3.6	0.2	Sodium	mg	<100	<6.0
of which Sugars	g	0	0		mmol	<4.3	< 0.26

Storage

Store in a cool, dry place. Sachets are designed for single use and should be used once opened.

Pack Size/Weight

 $30 \times 6g \text{ sachets} = 180g$

Flavour

Unflavoured



