

betaquik[®]

ACBS GMS PBS

Description

Food for special medical purposes

Betaquik is a ready to use, liquid emulsion of medium chain triglycerides (MCT).
With sweetener.

Indications

For use in the ketogenic diet or in the dietary management of conditions requiring a source of MCT.

Dosage and Administration

To be determined by the clinician or dietitian and is dependent on the age, body weight and medical condition of the patient.

Preparation Guidelines

Shake well before use.

Best served chilled.

Betaquik can be used in a similar way to milk:

- As a drink.
- With permitted flavourings.
- Added to hot drinks e.g. tea, coffee.
- On permitted cereal.
- In permitted recipes.

Further serving suggestions and recipes for betaquik are available on request or visit www.myketogenicdiet.com.

IMPORTANT NOTICE

Must only be used under strict medical supervision.

Suitable from 3 years of age.

For enteral use only.

Not for use as a sole source of nutrition.

Nutritional Information

| | | per 100ml | per 225ml (1 bottle) | | | per 100ml | per 225ml (1 bottle) |
|--------------|--------------------|--------------|-------------------------|-------------------|------|--------------|-------------------------|
| Energy | kJ | 777 | 1750 | Protein | g | 0 | 0 |
| | kcal | 189 | 426 | Salt | g | 0.13 | 0.29 |
| Fat | g | 21 | 47.3 | Minerals | | | |
| | of which saturates | g | 19.8 | Sodium | mg | 52 | 117 |
| LCT | g | 1.0 | 2.3 | | mmol | 2.2 | 5.0 |
| MCT | g | 20 | 45 | Chloride | mg | 60 | 135 |
| Carbohydrate | g | 0 | 0 | | mmol | 1.7 | 3.8 |
| | of which sugars | g | 0 | | | | |
| | | | | Osmolality | | | |
| | | | | 50 mOsm/Kg | | | |

Storage

Store in a cool dry place.

Once opened keep refrigerated and use within 2 days.

Pack Size/Weight

15 x 225ml bottles = 3.37 L

Flavour

Unflavoured.